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## AGM & Meeting of East Wales Regional Athletics Council, Wednesday 14<sup>th</sup> September 2022, via Microsoft Teams. AGM 6:30pm start followed by EWRAC meeting

## **Present:**

Joyce Tomala, Christine Vorres, Becky Gibbs, Charlotte Moran, Paul Adams, Lorraine Clarke, Derek Osbourne, James Blore, Kieron, Lynette Harries, Nicola Brunnock, Tom Cole, Lisa Riley, Tom Meredith, Keiron Hearne, Dawn Gully.

Apologies: Bethan Akanbi-Mortimer, Jeanette and Martyn Jenkins

| Agenda Iter                                    | Discussion   | Action Points |
|--|--|---------------|
| 1. Acceptand<br>Minutes o<br>2021 AGN          |  |               |
| b. Ch  | port 2022.   |               |
| 3. Notices of Motions                          | none   |               |
| 4. Election o Officers  5. Election o Committe | Joyce informed the members that Bethan had stepped down as Secretary as of Tuesday 13 <sup>th.</sup> September.  a. Chair- Joyce Tomala b. Vice Chair – tbc c. Treasurer – Keith Mathews d. Secretary – Christine Vorres e. WA member – Christine Vorres f. Welfare Officer – Jeanette Jenkins g. Social Media Officer – Christine Vorres h. WA General Council – Joyce Tomala |               |
| Represent                                      | 1. WA Track & Ticla Joyce Tolliala   |               |
|  | The AGM concluded at 7pmJoyce thanked everyone for attending.  Minutes written by Christine Vorres 16/09/2022  | •             |

**EWRAC Meeting 14 September 2022 6.30pm via Teams** 

|              | EWRAC Meeting 14 September 2022 6.30pm via Teams |  |                       |  |  |  |  |  |
|--------------|--|--|-----------------------|--|--|--|--|--|
| Agenda Item  |  | Discussion   | Action Points         |  |  |  |  |  |
| 1.Apologies: |  | Bethan, Jeanette, Martyn                                 |                       |  |  |  |  |  |
| 2.           | Conflict of Interest                             | Joyce explained the definition of 'conflict of interest' |                       |  |  |  |  |  |
|              |  | to the members present.                                  |                       |  |  |  |  |  |
| _            |  | None stated  |                       |  |  |  |  |  |
| 3.           | Discussion Points                                | i. XC Regional Champs: Use first Gwent League in         | Joyce Contact         |  |  |  |  |  |
|              | i. Cross Country                                 | Cardiff on 15th October. Discussion regarding            | Darryn to email       |  |  |  |  |  |
|              | Regional Champs                                  | charging entry – suggested charge £1 per member,         | clubs                 |  |  |  |  |  |
|              | (DO/DM)  | invoiced to clubs after event.                           |                       |  |  |  |  |  |
|              | ii.Road  | Distribute medals at next inter-regional event           |                       |  |  |  |  |  |
|              | Championships (PA)                               | ii. Road Champs. Joyce thanked Paul for stepping in      | Paul to select        |  |  |  |  |  |
|              | iii.Trail, Mountain and                          | and organising. Paul told the members participation      | events and email      |  |  |  |  |  |
|              | Fell Championships                               | in races is still low following the pandemic, and the    | to Christine for      |  |  |  |  |  |
|              | (TM)   | rushed nature of organising and communicating            | promoting to          |  |  |  |  |  |
|              |  | hindered sign up. Consequently, there were no b or c     | clubs                 |  |  |  |  |  |
|              |  | teams in the results. Feedback received suggests         |                       |  |  |  |  |  |
|              |  | getting races and dates out early and use local clubs    |                       |  |  |  |  |  |
|              |  | and charity events.                                      |                       |  |  |  |  |  |
|              |  | iii. Many successful events for trail and mountain, and  |                       |  |  |  |  |  |
|              |  | lots of interest. Events for future champs in            |                       |  |  |  |  |  |
|              |  | discussion. Feedback received is that there needs to     |                       |  |  |  |  |  |
|              |  | be more notice for the inter-county events to avoid      |                       |  |  |  |  |  |
|              |  | clashes. Combined senior and junior events have          |                       |  |  |  |  |  |
|              |  | provided successful.                                     |                       |  |  |  |  |  |
|              |  | All athletes MUST be WA registered. To bring in line     |                       |  |  |  |  |  |
|              |  | with Track, and now cross country, athletes will be      |                       |  |  |  |  |  |
|              |  | charged £1 per runner, on the day, to take part in the   |                       |  |  |  |  |  |
|              |  | Championship.  |                       |  |  |  |  |  |
|              |  | Tom will organise team selection in conjunction with     |                       |  |  |  |  |  |
|              |  | selectors  |                       |  |  |  |  |  |
|              |  | Dawn asked about Regional Development Days –             |                       |  |  |  |  |  |
|              |  | these are organised by WA for talented athletes.         |                       |  |  |  |  |  |
|              |  | EW has funding (part of development grant) to            |                       |  |  |  |  |  |
|              |  | organise development days to attract new EW              |                       |  |  |  |  |  |
|              |  | athletes and to train new officials too.                 |                       |  |  |  |  |  |
|              |  |  |                       |  |  |  |  |  |
|              | 4 Reports  | i. Regional development days are being                   | <b>Tom</b> – feedback |  |  |  |  |  |
|              | i. Network                                       | communicated to clubs and athletes. WA have been         | concerns              |  |  |  |  |  |
|              | Officers   | contacting clubs regarding safeguarding                  | regarding courses     |  |  |  |  |  |
|              | Update   | qualifications for Welfare Officers.                     | and tone of emails    |  |  |  |  |  |
|              |  | Christine stated that just 4 months after taking the     | back to WA.           |  |  |  |  |  |
|              |  | course Carl Williams asked a club officer to do, he is   | Joyce & Lynette –     |  |  |  |  |  |
|              |  | now being told to do a different, additional one for     | take to General       |  |  |  |  |  |
|              |  | the club to remain affiliated.                           | Council that          |  |  |  |  |  |
|              |  | Derek also stated that an inappropriate email from       | affiliation needs to  |  |  |  |  |  |
|              |  | WA had been received at Brecon Club.                     | be less time          |  |  |  |  |  |
|              |  | Tom updated the members that the My Athletics            | consuming and         |  |  |  |  |  |
|              |  | portal is being developed further and workshops are      | easier for            |  |  |  |  |  |
|              |  | being introduced to help the members navigate the        | volunteer officer     |  |  |  |  |  |
|              |  | changes. There was concern expressed that the time       | to manage             |  |  |  |  |  |
|              |  | changes. There was concern expressed that the time       | to manage             |  |  |  |  |  |

|                             | it takes to affiliate clubs at renewal is too onerous and time consuming.  | Joyce – Invite Carl<br>Williams to a<br>future meeting.  |
|-----------------------------|--|--|
| ii. WA General Council (JT) | Joyce informed the committee that few people attended the last meeting. Rob Sage is leaving WA. WA are seeking more non-executive directors The WA AGM will be a hybrid meeting. Nominations for service awards need to in by 14 <sup>th</sup> September. WA want to obtain ideas from clubs on how to engage more officials as there is a need to recruit more. Members agreed that every club should have officials, as they have coaches. Paul and Derek suggested the qualification process could be made simpler. Development days could be used to help officials gain experience.   | Joyce/Lynette feed back to GC that courses may need to be simplified.                              |
| iii.Track & Field (JT)      | Karl Williams attended the Track and Field meeting where the Regional Champs was discussed as there have been instances of parents becoming abusive towards volunteer officials and he is very keen to stamp it out. Abuse received has been horrendous. The members discussed issues about abusive behaviour – Joyce reminded everyone that as our regional welfare officer, Jeanette needs to be told of any incidents.  U15 Triple Jumpers – the rule regarding the 10 metre run up has been retracted however competitions will be monitored and a further review to be carried out at the end of 2023 season. Indoor dates for T & F will be sent out shortly to officials.  JT will contact clubs requesting for volunteers for indoor regional championships. |  |
| iv. Cross Country/Road      | No additional report to discussion point   |  |
| v. Trail and Mountain       | No additional report to discussion point   |  |
| vi Website                  | No new report.   |  |
| AOB                         | <ul> <li>i. Service Awards: Joyce urged everyone to consider nominating anyone that fits the criteria and deserves an award</li> <li>ii. James asked about team selection for endurance events and the members discussed selection criteria. James is happy to</li> </ul>  | Christine to contact Sandra Chipper to ask if she is happy to continue to help with team selection |

| help Tom and Joyce suggested forming a group to work together. |   | Tom M to<br>coordinate Fell<br>working group |
|--|---|--|
| fun<br>gra<br>ava<br>iii. A v<br>app<br>be<br>iv. Jan          | rce told the members that not all the ading requested for development was inted so there may not be as much allable for development days as hoped. Tolunteer to take on the role of olying for grants for the region would helpful as there are grants available. The mes Williams would like to attend the kt EWRAC meeting. |  |

The meeting closed at 7.45pm.

Date of next Meeting: Wednesday 14<sup>th</sup> December

Date of Future meetings: tbc after WA AGM